

Amendments to the Specification:

Please replace the entire paragraph on page 1, after "Related Patent Applications" with the following amended paragraph:

This application is a divisional of 09/055,101 filed April 2, 1998, now U.S. Patent No. 6,257,847, which is a continuation-in-part of U.S. Patent No. 08/510,714 filed August 3, 1995, now U.S. Patent No. 5,776,098.

Please replace the entire paragraph on page 13 spanning lines 3-7 with the following amended paragraph:

Disk valve 200, which can be made of a somewhat flexible rubber material, has a nub 204 that fits within an ~~appropriately~~ appropriately sized aperture formed in the rim/cap, with a collar 204a that catches against a sidewall edge defining the aperture to rotatably mount the disk valve 200 in place. On the inside of the disk valve sidewall 200a is a recess 205 206 which communicates with atmosphere.

Please replace the entire paragraph on page 13 spanning lines 8-15 with the following amended paragraph:

Thus, with the disk valve 200 turned so that its recess ~~205~~ 206 is located over the shallowest part of the rim channel 202 and furthest from the hole 203, air "leakage" into the cap 86" interior—through the disk valve recess ~~205~~ 206 into the rim channel 202 and through the hole 203—is at a minimum. As the disk valve 200 is rotated so that its recess ~~205~~ 206 is located at a deeper part of the channel 202, air flows more freely to the hole 203 and into the cap interior, toward a maximum when the recess ~~205~~ 206 is over the deepest part of the channel 202 adjacent hole 203. A continuously variable vacuum regulating device is thereby provided.